

## KAILASH MANASAROVAR YATRA - 2026 : ITINERARY

### TENTATIVE DAY-TO-DAY PROGRAMME FOR THE YATRA VIA NATHU LA PASS IN SIKKIM

STAY IN DELHI			DISTANCE	TRANSPORT	ALTITUDE	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5	Batch 6	Batch 7	Batch 8	Batch 9	Batch 10	
First arrival of yatris in Delhi.						11/Jun	16/Jun	23/Jun	28/Jun	05/Jul	10/Jul	17/Jul	22/Jul	29/Jul	03/Aug	
Medical at DHLI; Passport collection; Apply for Chinese visa.						12/Jun	17/Jun	24/Jun	29/Jun	06/Jul	11/Jul	18/Jul	23/Jul	30/Jul	04/Aug	
Medical at ITBP.						13/Jun	18/Jun	25/Jun	30/Jun	07/Jul	12/Jul	19/Jul	24/Jul	31/Jul	05/Aug	
MEA Briefing; Pay fees; Collect Visa; Foreign Exchange.						14/Jun	19/Jun	26/Jun	01/Jul	08/Jul	13/Jul	20/Jul	25/Jul	01/Aug	06/Aug	
DEPARTURE	ARRIVAL+ NIGHT HALT (VIA**)		KM*	MODE	METRES FEET	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5	Batch 6	Batch 7	Batch 8	Batch 9	Batch 10	
Delhi	Gangtok	via Bagdogra	1115+125	Air+Bus	1600 5200	15/Jun	20/Jun	27/Jun	02/Jul	09/Jul	14/Jul	21/Jul	26/Jul	02/Aug	07/Aug	
Gangtok	15th Mile	Acclimatization	25	Bus	3050 10400	16/Jun	21/Jun	28/Jun	03/Jul	10/Jul	15/Jul	22/Jul	27/Jul	03/Aug	08/Aug	
15th Mile	Stay	Acclimatization	-	-	3050 10400	17/Jun	22/Jun	29/Jun	04/Jul	11/Jul	16/Jul	23/Jul	28/Jul	04/Aug	09/Aug	
15th Mile	Sherathang	Acclimatization	20	Bus	4115 13500	18/Jun	23/Jun	30/Jun	05/Jul	12/Jul	17/Jul	24/Jul	29/Jul	05/Aug	10/Aug	
Sherathang	Stay	Acclimatization/Medical	-	-	4115 13500	19/Jun	24/Jun	01/Jul	06/Jul	13/Jul	18/Jul	25/Jul	30/Jul	06/Aug	11/Aug	
..1	Sherathang	Gyangze	via Nathu La Pass Immigration/Customs	200	Bus	4176 13700	20/Jun	25/Jun	02/Jul	07/Jul	14/Jul	19/Jul	26/Jul	31/Jul	07/Aug	12/Aug
..2	Gyangze	Lhatse	-	295	Bus	4053 13297	21/Jun	26/Jun	03/Jul	08/Jul	15/Jul	20/Jul	27/Jul	01/Aug	08/Aug	13/Aug
..3	Lhatse	Zhongba	-	477	Bus	4728 15512	22/Jun	27/Jun	04/Jul	09/Jul	16/Jul	21/Jul	28/Jul	02/Aug	09/Aug	14/Aug
..4	Zhongba	Tarqin	-	475	Bus	4670 15322	23/Jun	28/Jun	05/Jul	10/Jul	17/Jul	22/Jul	29/Jul	03/Aug	10/Aug	15/Aug
..5	Tarqin	Zhirepu	(Kailash Parikrama via Yam Dwar (4810 mtr))	7+12	Bus+Trek	5060 16600	24/Jun	29/Jun	06/Jul	11/Jul	18/Jul	23/Jul	30/Jul	04/Aug	11/Aug	16/Aug
..6	Zhirepu	ZunzhuPu	(Kailash Parikrama via Dolma (5590 mtr))	19	Trek	4780 15680	25/Jun	30/Jun	07/Jul	12/Jul	19/Jul	24/Jul	31/Jul	05/Aug	12/Aug	17/Aug
..7	ZunzhuPu	Chugu	-	12	Trek	4670 15322	26/Jun	01/Jul	08/Jul	13/Jul	20/Jul	25/Jul	01/Aug	06/Aug	13/Aug	18/Aug
..8	Chugu	-	Manasarovar Parikrama	-	Bus	4620 15160	27/Jun	02/Jul	09/Jul	14/Jul	21/Jul	26/Jul	02/Aug	07/Aug	14/Aug	19/Aug
..9	Chugu	Zhongba	Return Journey	475	Bus	4670 15322	28/Jun	03/Jul	10/Jul	15/Jul	22/Jul	27/Jul	03/Aug	08/Aug	15/Aug	20/Aug
..10	Zhongba	Lhatse	-	477	Bus	4053 13297	29/Jun	04/Jul	11/Jul	16/Jul	23/Jul	28/Jul	04/Aug	09/Aug	16/Aug	21/Aug
..11	Lhatse	Gyangze	-	295	Bus	4176 13700	30/Jun	05/Jul	12/Jul	17/Jul	24/Jul	29/Jul	05/Aug	10/Aug	17/Aug	22/Aug
..12	Gyangze	Gangtok	via Nathu La Pass Immigration/Customs	245	Bus	1600 5200	01/Jul	06/Jul	13/Jul	18/Jul	25/Jul	30/Jul	06/Aug	11/Aug	18/Aug	23/Aug
Gangtok	Delhi	via Bagdogra	125+1115	Bus+Air	215 705	02/Jul	07/Jul	14/Jul	19/Jul	26/Jul	31/Jul	07/Aug	12/Aug	19/Aug	24/Aug	

h/c = CST = Chinese Standard Time | IST = Indian Standard Time | ITBP = Indo-Tibetan Border Police Force | DHLI : Delhi Heart & Lung Institute | MEA = Ministry of External Affairs | h = hour | KM = Kilometre

**Note :** Yatris will have opportunity to break their journey for breakfast, lunch, etc., enroute.

Itinerary is subject to change depending on local conditions

Altitudes indicated are approximate